

Day 1 Rest in the Lord

Read Psalm 37

Call to Prayer

Two kinds of people are described in Psalm 37. Evildoers who trust in their own ability and schemes, and the righteous who choose to trust in God. Sometimes it seems the first kind is winning, and our faith is tested. **Let us choose to “trust in the Lord, and do good...feed on His faithfulness...delight in the Lord...commit our ways to the Lord...rest in Him, wait patiently for Him”** Evil cannot win.

Ways to Pray

- *Remember the times God's peace and presence overwhelmed you. Thank Him for His faithfulness.*

Personalise Ps. 37: 1-7, make it your own prayer e.g. “I will not fret because of evildoers....I will trust in the Lord, and do good. I will delight myself in the Lord...I commit my way to the Lord...”



Day 2 Jesus alone is worthy

Read Revelation 5

Call to Prayer

In **Revelation 5**, John gets a glimpse into the throne room of heaven.

The entire world will one day acknowledge that Jesus Christ is worthy. All confusion, doubt, or division will be swallowed up by the glory of Jesus. **Every knee will bow and tongue confess that Jesus is Lord.**

Today, may you have eyes to see Jesus this way – **as worthy of every bit of praise, attention, and worship. May you see. May you know. May you worship.**

Ways to pray

- *Pray aloud the declarations of Revelation 5:9-10, Revelation 5:12, and Revelation 5:13. Speak them aloud as you worship Jesus.*
- *Ask God to help you bring His kingdom to earth.*
- *Invite the Holy Spirit to show you where you can step into unity, worship, and connection with people “from every tribe and language and people and nation.”*



Day 3 A glimpse of heaven

Read Revelation 7:9-17

Call to Prayer

Revelation 7:9-17 shows our future together in Christ. On that day, we will stand in unity with every nation, tribe, people, and language, praising Jesus our King. His rule means the end of sickness and death, hunger, and thirst, and the end of suffering and loss.

On that day, **we will rejoice because the Lamb of God purchased our salvation with His own blood. He will lead us as our King and Shepherd.**

Though Christ's kingdom is coming in full one day, it has already come where Christ now reigns as Lord and King. May we live as heirs of the King in a kingdom that cannot be shaken.

Ways to Pray

- *Pray for the coming of Christ and His kingdom.*
- *Pray for wisdom as a citizen and ambassador of God's kingdom.*
- *Ask God for wisdom and strength to make every effort to "keep the unity of the Spirit in the bond of peace" through humility, patience and love. (Eph. 4: 2,3)*



Day 4 Grant us boldness to speak Your word

Read Acts 4: 1-31

Call to Prayer

As we have drawn closer to God during these 40 days of fasting and prayer, **let us ask God for boldness to speak God's word, share our testimony of God's goodness with the people He brings us in our places of study, work, business and recreation.**

Boldness does not have to be pushy or inconsiderate, but motivated by love. We might face opposition but it should drive us to prayer. Like the believers in Acts 4 let us join with our church in corporate prayer.

Ways to Pray

- *Ask God for boldness and wisdom to share God's goodness when He opens the door for us.*
- *Ask God to stretch out His hand to heal, for sign and wonders through the name of Jesus*



Day 5 Blessings for the fast God chooses

Read Isaiah 58: 8- 9, 10-12

Call to Prayer

You are completing 40 days of fasting and prayer. **Well done!** As you have purposed to humble yourself to draw near to God and hear His voice, the fruit of these 40 days described in Isaiah 58 will be seen in the weeks and months ahead.

Now that you have begun a new habit of fasting and prayer, why break it? Begin each day with God's word. Sign up for a bible reading plan (if you have not done so) Enrol in PCC's TREQ classes.

Ways to Pray

- *Thank God for His strength that has sustained you through your 40 day fast with the PCC family.*
- *Claim God's promise in Isaiah 58: 11 "The Lord will guide you continually...you shall be like a well watered garden, and like a spring of water, whose waters do not fail"*
- *Ask God for strength to maintain a regular habit of fasting and prayer to maintain a posture of humility and dependence on God.*

